

Scottish Road 5K Championships - Silverknowes 6/6/2022

Results-<http://results.perfecttimingscotland.co.uk/Results.aspx?CId=20065&RId=131>

Pos	Name	Club	Cat	Gun	Chip
1	Jonathan Glen	Inverclyde AC	MSen	14:27	14:27
2	Christian Graham	Lasswade AC	MSen	14:28	14:28
3	Alastair Hay	Central AC	MSen	14:29	14:28
4	James Donald	Dundee Hawkhill H	MSen	14:30	14:30
5	Hamish Hickey	Central AC	MSen	14:30	14:30
6	Scott Stirling	Falkirk Victoria H	MSen	14:32	14:32
7	Peter Avent	Shettleston H	MSen	14:33	14:33
8	Callum Tharme	Edinburgh University H&H	MSen	14:35	14:34
9	Michael Christoforou	Cambuslang H	MSen	14:36	14:36
10	Daryl Reid	East Kilbride AC	MSen	14:38	14:37
11	Owen Miller	Fife AC	MSen	14:39	14:39
12	Fergus Roberts	Ochil Hill Runners	MSen	14:42	14:42
13	Lachlan Oates	Shettleston H	MSen	14:43	14:43
14	Niall Caley	Falkirk Victoria H	MU20	14:45	14:45
15	Fraser Gilmour	VP City of Glasgow	MU17	14:53	14:53
16	Lewis Rodgers	Fife AC	MSen	14:53	14:53
17	Cameron Harris	Central AC	MSen	14:54	14:53
18	Peter Bradshaw	Inverclyde AC	MU20	14:57	14:56
19	Robbie Ferguson	Kilbarchan AAC	MSen	14:58	14:57
20	Max Abernethy	Fraserburgh RC	MSen	15:01	15:00
21	Mark Doherty	Inverclyde AC	MSen	15:02	15:01
22	Stephen Addison	Glasgow University H&H	MSen	15:03	15:02
23	Darrell Hastie	Gala H	MSen	15:03	15:03
24	Kevan Harvey	Cambuslang H	MSen	15:04	15:03
25	Jacob Adkin	Moorfoot Runners	MSen	15:06	15:05
26	Grant Baillie	East Kilbride AC	MV40	15:06	15:06
27	Derek Rae	Fife AC	MSen	15:08	15:07
28	Jamie Burns	Glasgow University H&H	MSen	15:08	15:07
29	Ewan Davidson	Moray RR	MSen	15:09	15:09
30	Ross Good	Giffnock North AC	MSen	15:09	15:08
31	Luca Fanottoli	Central AC	MSen	15:10	15:10
32	Ewan Cameron	Edinburgh AC	MV40	15:10	15:10
33	James Wilson	Moray RR	MSen	15:11	15:11
34	Thomas Dalgarno	SAL	MSen	15:12	15:11
35	Conan Harper	Giffnock North AC	MU17	15:12	15:12
36	Finlay Ross-Davie	Garscube H	MU20	15:14	15:14
37	Ben Sandilands	Fife AC	MU20	15:17	15:17
38	Noah Howlett	Edinburgh AC	MSen	15:19	15:18
39	Calum Phillip	Central AC	MSen	15:19	15:18
40	Iain Whitaker	Edinburgh AC	MSen	15:21	15:20
41	John Lenehan	Edinburgh AC	MSen	15:22	15:21
42	Greg Templeton	Bellahouston H	MSen	15:23	15:22
43	Cameron Green	Giffnock North AC	MU17	15:24	15:23
44	Christopher McGarrity	Shettleston H	MSen	15:24	15:23
45	Daniel Stansfield	Carnethy Hill RC	MSen	15:24	15:22
46	Aaron Odentz	Aberdeen AAC	MSen	15:24	15:24
47	Andrew Thomson	Fife AC	MU20	15:28	15:27
48	Jason Kelly	Metro Aberdeen RC	MSen	15:28	15:27
49	Gregor Malcolm	Edinburgh University H&H	MSen	15:29	15:28

50	Andrew Rolland		MSen	15:30	15:30
51	Andrew Carey	Glasgow University H&H	MSen	15:31	15:31
52	Finlay Murray	East Sutherland AC	MSen	15:32	15:31
53	Lucas Cairns	Inverness H AAC	MU20	15:33	15:33
54	Michael Sanderson	Fife AC	MU20	15:34	15:33
55	Scott Macleod	Edinburgh AC	MSen	15:36	15:35
56	Alistair Gudgin	Fife AC	MSen	15:38	15:37
57	Colin Whitby	Garscube H	MV40	15:39	15:37
58	Aaron Hoyle	Corstorphine AAC	MSen	15:39	15:37
59	Josh Wood	Central AC	MSen	15:40	15:37
60	Gordon Robertson	Cambuslang H	MV40	15:40	15:39
61	Nicholas Allen		MSen	15:40	15:39
62	Jack Heathwood	Bellahouston H	MSen	15:41	15:39
63	Angus Smith	Inverness H AAC	MU20	15:42	15:41
64	Sam Fernando	Fife AC	MSen	15:42	15:41
65	Sam McIntosh	Lothian RC	MSen	15:42	15:40
66	Benjamin Van Dijk	Ochil Hill Runners	MSen	15:43	15:41
67	Andrew Johnstone	Inverness H AAC	MSen	15:43	15:42
68	Matthew Dailey	Edinburgh University H&H	MSen	15:44	15:42
69	Cameron Kerr	Central AC	MU17	15:44	15:44
70	Calum Little	Falkirk Victoria H	MU20	15:45	15:43
71	Cameron Fordyce	Glasgow University H&H	MU20	15:47	15:46
72	Jordan Cruickshank	Metro Aberdeen RC	MU20	15:49	15:47
73	Leon Johnson	Edinburgh AC	MV40	15:50	15:48
74	Blayne Wright	Edinburgh University H&H	MU20	15:51	15:49
75	Jack Eykelbosch	Corstorphine AAC	MSen	15:51	15:50
76	David McNamara	Portobello RC	MSen	15:51	15:50
77	Myles Bax	Edinburgh AC	MSen	15:52	15:51
78	Rory Strachan	SAL	MSen	15:54	15:51
79	Samuel Leitch	Edinburgh AC	MU20	15:54	15:53
80	Declan Murray	Macclesfield H & AC	MSen	15:55	15:53
81	Telfer Gray	Edinburgh University H&H	MSen	15:55	15:52
82	james Waldie	Perth RR	MSen	15:55	15:54
83	Joshua Dack	Lothian RC	MSen	15:57	15:55
84	Jamie Clements	East Kilbride AC	MSen	15:58	15:54
85	Alex Mackenzie	SAL	MU20	15:58	15:53
86	Stuart Livingstone	Corstorphine AAC	MSen	15:59	15:56
87	John Redding	Linlithgow AC	MV40	15:59	15:57
88	Daniel Ashwood	Edinburgh University H&H	MSen	16:00	15:57
89	Lewis Pentecost	Falkirk Victoria H	MSen	16:00	15:58
90	Jack Trainer	Edinburgh University H&H	MU20	16:02	16:01
91	Joe Battershill	Edinburgh University H&H	MSen	16:03	16:00
92	Mark MacDermot	Edinburgh AC	MSen	16:04	16:01
93	Jonathan Marshall		MU20	16:04	16:04
94	Callum Matthews	Kilbarchan AAC	MSen	16:05	16:04
95	Reuben Macdonald	Giffnock North AC	MU17	16:06	16:06
96	Martin Lynas	East Kilbride AC	MSen	16:07	16:04
97	Alan Blair	Garscube H	MSen	16:07	16:06
98	Michael Rimicans	Edinburgh University H&H	MSen	16:07	16:05
99	Scott Macaulay	Kilbarchan AAC	MSen	16:07	16:05
100	Lewis Roddis	Cambuslang H	MU17	16:08	16:06
101	David Murray	Kirkintilloch Olympians	MSen	16:08	16:05

102	Michael Combe	PH Racing C	MV40	16:08	16:07
103	James Wilkes	Garscube H	MSen	16:09	16:06
104	Lewis Millar	Central AC	MSen	16:11	16:09
105	Euan Rennie	Lothian RC	MSen	16:12	16:09
106	Jamie Lessels	Fife AC	MU20	16:12	16:10
107	Allan Christie	Metro Aberdeen RC	MV40	16:13	16:11
108	Jonas Muller	Edinburgh University H&H	MSen	16:13	16:12
109	Jack Kirwan	East Kilbride AC	MSen	16:14	16:11
110	David Bunn	Abingdon AC	MSen	16:14	16:10
111	David Ross	East Kilbride AC	MV40	16:16	16:11
112	Malcolm Lang	Corstorphine AAC	MV40	16:16	16:12
113	Finlay Finlay	Garscube H	MV40	16:16	16:12
114	Stuart Johnston	Edinburgh AC	MV40	16:16	16:15
115	Andrew Ellis		MSen	16:17	16:14
116	Euan Rose	East Kilbride AC	MSen	16:18	16:15
117	Colin Reilly	Cambuslang H	MSen	16:18	16:15
118	Steven Murray	Aberdeen AAC	MSen	16:19	16:18
119	Max Meres	Edinburgh AC	MSen	16:19	16:15
120	Daniel Macqueen	Penicuik H	MV40	16:19	16:15
121	Donald Gavine	Corstorphine AAC	MSen	16:20	16:16
122	Andrew Kirk	Kirkintilloch Olympians	MSen	16:20	16:18
123	Paul Kieran	PH Racing C	MV40	16:21	16:17
124	Mickey Breen	Corstorphine AAC	MSen	16:23	16:21
125	Andrew Irvine	Central AC	MSen	16:24	16:21
126	Jamie Greig	Fife AC	MSen	16:24	16:22
127	Conor Drummond	Giffnock North AC	MSen	16:25	16:22
128	Marc Jameson	Glasgow University H&H	MU20	16:26	16:23
129	Aaron Bennet	PH Racing C	MU20	16:27	16:24
130	Jack Kennedy		MU20	16:28	16:26
131	Jordan Queen	Garscube H	MSen	16:28	16:24
132	Alex Luetchford	Hunters Bog Trotters	MSen	16:28	16:26
133	Felix Wilson	Edinburgh University H&H	MSen	16:29	16:25
134	Annabel Simpson	Fife AC	FSen	16:29	16:28
135	Alastair Scott	Lasswade AC	MU17	16:29	16:28
136	Sam McCarthy	Cambuslang H	MU15	16:31	16:29
137	Ewan Anderson	Glasgow University H&H	MU20	16:31	16:29
138	Martin Gore	Lasswade AC	MV40	16:31	16:29
139	Craig Shields	Garscube H	MV40	16:34	16:31
140	john coyle	Garscube H	MV40	16:34	16:32
141	Kieren Mooney	Giffnock North AC	MSen	16:36	16:33
142	Roddy Forgie	Edinburgh AC	MSen	16:37	16:34
143	Calum Oates	Shettleston H	MSen	16:37	16:33
144	Alan Moss	Bellahouston RR	MSen	16:38	16:35
145	Alasdair Bisset	Edinburgh University H&H	MSen	16:40	16:36
146	Luke Biggart	Cambuslang H	MU20	16:42	16:40
147	Ben Kinninmonth	Fife AC	MSen	16:42	16:41
148	Iain Burns	Shettleston H	MV40	16:43	16:39
149	Ben Sutherland	Falkirk Victoria H	MU20	16:43	16:42
150	Sarah Calvert	Edinburgh University H&H	FSen	16:44	16:43
151	Alex Muir	Edinburgh University H&H	MSen	16:45	16:40
152	Mark Irvine	Glasgow University H&H	MSen	16:46	16:44
153	Richard McGaw		MSen	16:48	16:45

154	Ryan Donald	Dundee Hawkhill H	MU20	16:49	16:49
155	Naomi Lang	Aberdeen AAC	FSen	16:50	16:49
156	Mark Ryan	PH Racing C	MV40	16:50	16:45
157	Graeme Laing	VP City of Glasgow	MV40	16:51	16:49
158	Robbie Welsh	Teviotdale H	MU17	16:51	16:48
159	Stuart Mcgeachy	Cambuslang H	MV40	16:52	16:49
160	Jonathan Moore	Motherwell AC	MSen	16:52	16:46
161	Ian Hodge	Cambuslang H	MSen	16:52	16:50
162	Drew Galloway	Glasgow University H&H	MSen	16:52	16:47
163	Andrew Grieve	Glasgow University H&H	MSen	16:54	16:52
164	Michael Cross	Giffnock North AC	MSen	16:54	16:50
165	John MELVIN	Glasgow University H&H	MSen	16:55	16:50
166	Alissa Koenig	Falkirk Victoria H	FSen	16:56	16:55
167	Calum Charters	East Kilbride AC	MU17	16:56	16:54
168	Euan Convery	Garscube H	MSen	16:58	16:55
169	Lee Strachan	Dundee Hawkhill H	MV40	16:58	16:54
170	Peter Gibson	PH Racing C	MSen	16:59	16:55
171	Jack Fullerton	Corstorphine AAC	MSen	17:00	16:57
172	Ewan Taylor	PH Racing C	MV40	17:01	16:56
173	David Hall	Corstorphine AAC	MSen	17:01	16:56
174	Colin Welsh	Teviotdale H	MSen	17:02	16:58
175	Keir Crawford	Glasgow University H&H	MU20	17:03	17:01
176	Finlay Robb	Cambuslang H	MU17	17:03	17:00
177	Freddie Fearn	Edinburgh University H&H	MU20	17:03	16:59
178	Joe Fitzgibbon	Garscube H	MSen	17:04	17:00
179	Kevin Riddell	Perth RR	MV40	17:05	17:01
180	Carter Taylor		MSen	17:06	17:05
181	Paul Monaghan	Greenock Glenpark H	MV50	17:06	17:04
182	Douglas McKinnon	Corstorphine AAC	MSen	17:06	17:03
183	Nicholas Gemmell	Inverclyde AC	MV40	17:07	17:05
184	Beth Garland	Corstorphine AAC	FSen	17:07	17:06
185	Alistair Young	Ross County AC	MU15	17:08	17:03
186	Sam Hosie	East Kilbride AC	MU17	17:08	17:06
187	Kevin Hamilton	Edinburgh AC	MSen	17:11	17:07
188	Jonathan Dow	Cambuslang H	MU17	17:11	17:09
189	Sarah Tait	Lasswade AC	FSen	17:12	17:11
190	Kenny Robertson	Kirkintilloch Olympians	MSen	17:14	17:11
191	Amy Frankland	Lasswade AC	FSen	17:14	17:13
192	Katie Lowery	Edinburgh University H&H	FSen	17:15	17:13
193	Lachlan Hillis	Corstorphine AAC	MSen	17:16	17:10
194	Jamie Flaherty	Garscube H	MSen	17:16	17:11
195	Mark Gallacher	Cambuslang H	MV50	17:17	17:14
196	Stephen Allen	Cumbernauld AAC	MV50	17:17	17:14
197	Paul Friend	Inverclyde AC	MV40	17:17	17:15
198	Matthew Woolf	Edinburgh University H&H	MU20	17:19	17:15
199	Jack Donald	Dundee Hawkhill H	MU17	17:22	17:17
200	Daniel Scroop	Garscube H	MV40	17:23	17:19
201	Patrick Conroy	Giffnock North AC	MSen	17:24	17:21
202	Paul Clawson	Bellahouston H	MV40	17:26	17:21
203	Gordon Barrie	Dundee Hawkhill H	MV50	17:27	17:23
204	Andrew Rogan	Moray RR	MSen	17:28	17:24
205	Robert Sellar	PH Racing C	MV40	17:29	17:26

206	Louisa Brown	Garscube H	FU17	17:29	17:28
207	Sarah Brown	Edinburgh AC	FSen	17:30	17:28
208	Jennifer Wetton	Central AC	FSen	17:31	17:30
209	Estelle Perriard	Falkirk Victoria H	FSen	17:34	17:33
210	Caitlyn Heggie	Ross County AC	FU15	17:34	17:33
211	Tom Williamson		MU20	17:34	17:27
212	Stephen Clark	Fife AC	MV50	17:35	17:32
213	Lee Shaw	Bellahouston H	MSen	17:37	17:32
214	Christopher O'Brien	Corstorphine AAC	MV40	17:38	17:33
215	Michael Turnbull	Gala H	MSen	17:40	17:29
216	Mark Webster	PH Racing C	MV40	17:40	17:36
217	Michael Fullerton	Edinburgh AC	MV50	17:41	17:37
218	Lesley Bell	Garscube H	FV40	17:41	17:40
219	Meredith Reid	Inverclyde AC	FU20	17:41	17:40
220	Natalie Wangler	Roadrunners Sudbaden	FSen	17:42	17:41
221	Florent Weillaert	Hunters Bog Trotters	MSen	17:42	17:36
222	Steve Buchan	Metro Aberdeen Running Club	MV40	17:43	17:37
223	Blair Montgomery	Corstorphine AAC	MSen	17:44	17:38
224	Brian Cunninghame		MV40	17:44	17:39
225	Neil Jack	Edinburgh AC	MSen	17:45	17:40
226	Millie Nicholl	Carnegie H	FU17	17:47	17:46
227	Laurence Liu	Edinburgh AC	MSen	17:48	17:43
228	Christopher McCarron	Calderglen H	MSen	17:49	17:43
229	Andrew Jannetta	PH Racing C	MSen	17:49	17:43
230	Jordan ORR	Giffnock North AC	MSen	17:49	17:45
231	Iain Craven	Edinburgh AC	MV40	17:50	17:45
232	Alan Cooper		MSen	17:50	17:42
233	Christopher Fife	Inverness H AAC	MSen	17:51	17:45
234	David Henderson	Pitreavie AAC	MV40	17:52	17:47
235	David Beattie		MV40	17:52	17:47
236	Gavin Smith	Hunters Bog Trotters	MV40	17:53	17:48
237	Rhiannon Kirk	Edinburgh University H&H	FSen	17:53	17:52
238	Owen McWilliams	Irvine RC	MSen	17:54	17:48
239	Allan Neill	Law & District AAC	MSen	17:55	17:49
240	David Cross	Edinburgh AC	MV50	17:56	17:51
241	Kevin Newberry	Cambuslang H	MV50	17:56	17:53
242	Paul McMonagle	Cumbernauld AAC	MV50	17:57	17:51
243	Emma Gill	Edinburgh University H&H	FSen	17:57	17:55
244	Yvonne McNairn	Giffnock North AC	FSen	17:58	17:57
245	Terry Roberts	Edinburgh AC	MSen	18:00	17:55
246	Robert Keenan	Cumbernauld AAC	MV40	18:00	17:54
247	Catriona MacDonald	Bellahouston RR	FSen	18:01	17:59
248	Calum Ferguson	Bellahouston H	MSen	18:01	17:57
249	Nynke Mulholland	Inverclyde AC	FSen	18:01	18:00
250	Callum Stephen	Edinburgh AC	MSen	18:02	17:55
251	Tim Hely	Edinburgh AC	MV40	18:02	17:58
252	Gavin Mackay	Lothian RC	MV40	18:02	17:56
253	Natalie Stewart	Central AC	FSen	18:03	18:01
254	Kirsty Purcell	Edinburgh University H&H	FU20	18:03	18:01
255	Andrew Holloway	Giffnock North AC	MSen	18:03	17:59
256	Kirstin Maxwell	Corstorphine AAC	FSen	18:06	18:04
257	Paul Slifer	Musselburgh & District AC	MV50	18:10	17:59

258	Jim Jagger	Edinburgh AC	MV40	18:10	18:04
259	Euan Craig	Kirkintilloch Olympians	MV40	18:10	18:05
260	Valencia Wright	Carnegie H	FU17	18:11	18:10
261	Murdo Traill	Corstorphine AAC	MSen	18:12	18:05
262	Fraser McFadden	Edinburgh AC	MSen	18:12	18:06
263	Derek Martin	Cumbernauld AAC	MV50	18:14	18:07
264	Karel Vesely	Edinburgh AC	MSen	18:14	18:12
265	Hugh Simpson		MV40	18:15	18:08
266	John Thomson	Fife AC	MV60	18:15	18:13
267	Alan Knowles	Lothian RC	MV40	18:16	18:08
268	Iain Nicholl	Cambuslang H	MV40	18:16	18:12
269	Todd Russell	Edinburgh University H&H	MSen	18:18	18:14
270	Irvine Welsh	Teviotdale H	MU15	18:20	18:09
271	Murray Close	Lothian RC	MU17	18:21	18:14
272	Jim Phillips	SAL	MV40	18:22	18:13
273	Matthew Burns	Carnegie H	MSen	18:22	18:18
274	Darren Jubb	PH Racing C	MSen	18:23	18:19
275	Avril Mason	Shettleston H	FV40	18:23	18:22
276	Euan Marshall	Edinburgh AC	MSen	18:26	18:20
277	Stuart Meiklejohn	PH Racing C	MV40	18:26	18:21
278	Stefanie Tucker	Glasgow University H&H	FSen	18:26	18:25
279	Stuart Mounce	Hunters Bog Trotters	MSen	18:29	18:22
280	Greg Milne	Fife AC	MSen	18:29	18:24
281	Colin Sanderson	Fife AC	MV40	18:30	18:23
282	Rebekah Russell	Bellahouston RR	FSen	18:30	18:29
283	Ewan Stark	Corstorphine AAC	MSen	18:31	18:26
284	Steven King	Carnegie H	MV50	18:34	18:30
285	Ella Revitt	Edinburgh University H&H	FSen	18:37	18:35
286	James Nicol White		MV40	18:37	18:30
287	Rhian Dawes	Victoria Park City Of Glasgow	FSen	18:40	18:38
288	Scott Pilkington	Corstorphine AAC	MSen	18:41	18:36
289	Caitlin Purcell	Edinburgh University H&H	FU20	18:41	18:40
290	Ross Hill	Law & District AAC	MSen	18:42	18:36
291	Kirstian Macaulay	Corstorphine AAC	FSen	18:43	18:41
292	Allan Cameron	Cumbernauld AAC	MV50	18:45	18:39
293	Robert Henry	Musselburgh & District AC	MV40	18:45	18:36
294	Peter Graham	Edinburgh AC	MSen	18:46	18:41
295	Laura Stark	Edinburgh University H&H	FSen	18:46	18:44
296	Matilda Cornall	Glasgow University H&H	FSen	18:46	18:43
297	Ben Fraser	Pitreavie AAC	MSen	18:46	18:40
298	Frank BOYNE	Aberdeen AAC	MV50	18:48	18:43
299	John Chambers	Glasgow University H&H	MSen	18:49	18:43
300	Ieuan Harries	Glasgow University H&H	MU20	18:49	18:43
301	Flora Henry	Team East Lothian AC	FU20	18:49	18:46
302	Clare Stewart	Glasgow University H&H	FSen	18:51	18:49
303	Aaron Thomson		MU15	18:51	18:48
304	Hazel MacCormick	Edinburgh AC	FV40	18:52	18:49
305	Mark Mclean	PH Racing C	MV50	18:53	18:47
306	Chris Smith	Cambuslang H	MSen	18:53	18:47
307	Tara Walker	Glasgow University H&H	FSen	18:53	18:51
308	Daniel Rivera	Edinburgh AC	MV50	18:53	18:47
309	Andrew Latham	Edinburgh AC	MV50	18:54	18:48

310	Amy Smith	Lasswade AC	FSen	18:55	18:54
311	Lewis Orr	Edinburgh AC	MV50	18:56	18:50
312	Iain Howatt	Pitreavie AAC	MV50	18:57	18:50
313	Alan Gibson	Fife AC	MV60	18:57	18:50
314	Patricia O'Riordan	Edinburgh University H&H	FU20	18:57	18:55
315	Scott Clark	Pitreavie AAC	MSen	18:58	18:52
316	Ben Draye	Corstorphine AAC	MSen	18:58	18:52
317	Ben Brown	Glasgow University H&H	MSen	18:59	18:53
318	Iain Campbell	Motherwell AC	MV40	18:59	18:52
319	Rory Sandilands	Fife AC	MV40	19:00	18:52
320	Ian Maxwell	Gala H	MV60	19:01	18:57
321	Alan McGowan	PH Racing C	MV40	19:01	18:56
322	Iain Wallace	Leven Las Vegas	MV40	19:01	18:53
323	Sophie Collins	Corstorphine AAC	FSen	19:02	18:59
324	John Crookston	PH Racing C	MV60	19:02	18:57
325	Grant Matheson	Falkirk Victoria H	MV50	19:02	18:54
326	Alistair Macdonald	Bellahouston RR	MV50	19:03	18:55
327	Rob Crusher	Giffnock North AC	MV50	19:03	18:58
328	Gary Morrison		MSen	19:04	18:56
329	Laura Gibson	Fife AC	FSen	19:04	19:02
330	Jonathan Millar		MSen	19:09	19:03
331	Charlie Whall	Bellahouston RR	MSen	19:10	19:05
332	Dave Thom	Cambuslang H	MV60	19:11	19:07
333	Mark Love		MSen	19:12	19:03
334	Jacqueline Rainger	Edinburgh AC	FV40	19:15	19:12
335	Michael Lindsay	PH Racing C	MV40	19:15	19:09
336	Mattia Mancinelli	Garscube H	MSen	19:16	19:12
337	Holly Morrison	Shettleston H	FSen	19:16	19:14
338	Neil Smith	Garscube H	MV40	19:17	19:09
339	Jamie Harte	Carnegie H	MSen	19:18	19:11
340	Katie Sandilands	Fife AC	FU15	19:19	19:18
341	Kevin Hughes	PH Racing C	MV50	19:19	19:12
342	Anne Ewing	Corstorphine AAC	FSen	19:21	19:17
343	Craig Johnstone	Victoria Park City Of Glasgow	MSen	19:23	19:18
344	Emma Baird	Glasgow University H&H	FSen	19:25	19:22
345	Stephen Dickson	Fife AC	MV40	19:25	19:16
346	Scott WALKER	Gala H	MSen	19:28	19:17
347	Elaine Eadie	Edinburgh AC	FSen	19:28	19:26
348	Stuart Mackay	PH Racing C	MSen	19:29	19:27
349	Ryan Ferguson	Lothian RC	MSen	19:30	19:23
350	Katie Christie	Falkirk Victoria H	FU17	19:32	19:31
351	Kyle Paterson	Kirkintilloch Olympians	MU20	19:32	19:24
352	Christie Ford	Bellahouston RR	FSen	19:33	19:31
353	David Worrall	Portobello RC	MV40	19:34	19:25
354	William Jarvie	Portobello RC	MV60	19:35	19:27
355	Ross McEachern	Cumbernauld AAC	MV50	19:36	19:30
356	Joe Melton	Harmeny AC	MV40	19:37	19:27
357	Malcolm Parry	Edinburgh AC	MV50	19:38	19:32
358	Andy Nichol		MV50	19:39	19:29
359	Andy Harley	Kirkcaldy Wizards/Fife AC	MSen	19:40	19:31
360	Iain Cameron	Lothian RC	MV40	19:40	19:33
361	Shania King	Dundee Hawkhill H	FSen	19:40	19:38

362	Tony Martin	Fife AC	MV70	19:41	19:36
363	Murray Peebles	Dunbar RC	MV40	19:41	19:37
364	Alan Murray	Carnegie H	MV40	19:41	19:34
365	Gillian Blee	Garscube H	FV40	19:41	19:39
366	Keith Charters	East Kilbride AC	MV50	19:42	19:35
367	Morven MacAllister	Edinburgh AC	FSen	19:43	19:41
368	Sandy Gardner	Victoria Park City Of Glasgow	MV50	19:46	19:36
369	Caitlin Cole	Edinburgh AC	FSen	19:48	19:44
370	Nicole Jackson	Carnegie H	FSen	19:48	19:46
371	Drew Paterson	Kirkintilloch Olympians	MV50	19:50	19:41
372	Louise Mitchell		FSen	19:51	19:49
373	Janet Dunbar	Edinburgh AC	FV50	19:53	19:51
374	Katie Renault	Edinburgh AC	FSen	19:54	19:50
375	Dougie Hill		MV50	19:57	19:49
376	Linn Denholm		MV40	19:58	19:50
377	James Reid	Garscube H	MSen	20:00	19:51
378	Dougie Hunter	Lothian RC	MV50	20:00	19:52
379	Anne Howie	Aberdeen AAC	FV60	20:00	19:58
380	Ben Hopkin	Carnegie H	MV40	20:02	19:57
381	Lisa Christy	Corstorphine AAC	FSen	20:03	19:59
382	Heather Scott	Central AC	FSen	20:04	20:01
383	Paul Harkins	Fife AC	MV40	20:04	19:54
384	Finn Milligan	Law & District AAC	MU20	20:04	19:58
385	Ed Norton	PH Racing C	MV70	20:06	19:59
386	Harry Mulholland	Lothian RC	MV50	20:07	19:58
387	Michael Connelly	Corstorphine AAC	MV60	20:08	20:00
388	Nathalie Brohan	Cambuslang H	FV40	20:09	20:07
389	Sandy Orr	Lothian RC	MV50	20:11	20:02
390	Kerry Gibson	Fife AC	FSen	20:12	20:09
391	Frank Hurley	Cambuslang H	MV60	20:12	20:05
392	Donald Shaw	Central AC	MV50	20:13	20:06
393	Scott KELMAN	Motherwell AC	MSen	20:16	20:09
394	Tuscany Wright	Carnegie H	FU17	20:17	20:16
395	Alison Wood	Garscube H	FSen	20:17	20:14
396	Timothy Compston	Pitreavie AAC	MV50	20:17	20:08
397	Kelly Baillie	East Kilbride AC	FV40	20:21	20:19
398	Marc Loveday	East Kilbride AC	MSen	20:21	20:13
399	Ciara Sinclair		FSen	20:22	20:18
400	Nils Kirchel	Carnegie H	MSen	20:22	20:15
401	Deborah Gilliland		FSen	20:24	20:20
402	David Scott	Cambuslang H	MV40	20:24	20:17
403	Neil Maclachlan	Pitreavie AAC	MSen	20:25	20:19
404	Yvonne Crilly	Lothian RC	FV60	20:25	20:22
405	Chris Campbell	Cambuslang H	MV40	20:26	20:18
406	Ralph Connolly	VpPCity of Glasgow	MV50	20:26	20:18
407	Kirsty Mann	Shettleston H	FSen	20:27	20:23
408	Raymond Tully	Dundee Hawkhill H	MV50	20:28	20:22
409	Amie WATT	Fife AC	FSen	20:28	20:26
410	Sophie Gorman	Glasgow University H&H	FU20	20:31	20:27
411	David Wardrope	Calderglen H	MV50	20:36	20:29
412	Kathryn Holm	Linlithgow AC	FV40	20:37	20:34
413	Lindsay Sword		FSen	20:42	20:40

414	Darran Neilson	PH Racing C	MV40	20:42	20:33
415	Megan Jane Campbell	Falkirk Victoria H	FSen	20:43	20:39
416	Desmond FitzGerald	Pitreavie AAC	MV40	20:43	20:34
417	Leah Davie	Corstorphine AAC	FSen	20:44	20:40
418	Andrea Cameron	Lothian RC	FV40	20:45	20:42
419	Cara Baldwin	Edinburgh University H&H	FU20	20:53	20:48
420	Christine Neill	Law & District AAC	FSen	20:53	20:49
421	Kirsty O'Brien	Cambuslang H	FSen	20:54	20:52
422	Anna Steen	Carnethy Hill RC	FSen	20:54	20:50
423	Carla McLellan	Cumbernauld AAC	FSen	20:56	20:53
424	Julia Johnstone	Gala H	FV50	20:56	20:53
425	Richard Clark	Edinburgh AC	MV40	20:59	20:55
426	David Robb		MV50	21:03	20:55
427	John Hynd	Carnegie H	MV60	21:04	20:56
428	Leanne Calder	Edinburgh AC	FSen	21:04	21:01
429	Martin Kay	Law & District AAC	MV40	21:08	21:00
430	Scott DICKSON	Motherwell AC	MSen	21:09	21:01
431	James Scott	Edinburgh AC	MV60	21:09	21:02
432	Alisdair Millan	Hunters Bog Trotters	MV40	21:11	21:04
433	John Gildea		MV50	21:14	21:05
434	Allegra Soutar	Edinburgh University H&H	FSen	21:16	21:13
435	scott Nelson	Lothian RC	MV50	21:16	21:08
436	Graeme Wilson	Carnegie H	MV60	21:19	21:11
437	Martin Murphy	Bellahouston RR	MV40	21:21	21:11
438	Judith Turner	PH Racing C	FV40	21:21	21:18
439	Richard Ward	Perth RR	MV50	21:25	21:13
440	Julie Atkinson	Lothian RC	FV40	21:26	21:21
441	Ian McNair	Cambuslang H	MV40	21:27	21:17
442	Eddie CARR	Cambuslang H	MV60	21:30	21:22
443	Joy Gudgin	Carnegie H	FV50	21:35	21:32
444	Louise Lessels	PH Racing C	FV40	21:38	21:34
445	Iain Crawford	Cambuslang H	MV50	21:40	21:30
446	Sarah Paterson	Ayr Seaforth AC	FSen	21:43	21:40
447	Kieran Morgan	Carnegie H	MV60	21:43	21:37
448	Zoey Gordon	Moray RR	FSen	21:43	21:40
449	Dave Morton	Fife AC	MV40	21:45	21:36
450	Christine Mulholland	Linlithgow AC	FV50	21:45	21:40
451	Graham Chambers	Linlithgow AC	MV40	21:50	21:42
452	Isobel Burnett	Carnegie H	FV60	21:52	21:49
453	Allan McEachen		MV50	21:54	21:45
454	Jo Clancy		FSen	21:58	21:54
455	Emily Ramsay	Edinburgh AC	FV40	22:00	21:55
456	Russell Rennie	Lothian RC	MV60	22:01	21:51
457	Catherine Lynch		FSen	22:02	22:00
458	Gordon Henderson	Carnegie H	MSen	22:04	21:55
459	Diane Stewart	Pitreavie AAC	FSen	22:05	22:00
460	Gerard O'Neil	East Kilbride AC	MV40	22:09	21:59
461	Campbell Blair	Pitreavie AAC	MV40	22:12	22:02
462	Kevin MacArthur	Perth Strathtay H	MV50	22:12	22:03
463	Marc Giamblanco	Portobello RC	MV40	22:19	22:09
464	Michael Carlin	East Kilbride AC	MV40	22:21	22:12
465	Ailsa MacArthur		FU20	22:24	22:22

466	Andrew Beattie	Lothian RC	MSen	22:25	22:16
467	Elaine Davies	Edinburgh AC	FV50	22:25	22:21
468	Bobby Hill	Law & District AAC	MSen	22:27	22:16
469	Amy Bristow	Victoria Park City Of Glasgow	FSen	22:30	22:26
470	Nigel Hetherington	Fife AC	MV60	22:32	22:24
471	Brian Miller	Carnegie H	MV40	22:34	22:26
472	Gillian McCaffer	Motherwell AC	FV40	22:36	22:32
473	Lucy Ward	Perth Strathtay H	FU15	22:42	22:39
474	Eilidh McCallum	Falkirk Victoria H	FSen	22:43	22:40
475	Mandy Cazes	Linlithgow AC	FSen	22:46	22:42
476	Tessa Ward	Perth RR	FV50	22:51	22:48
477	Rachel Wardrope	Cambuslang H	FU20	22:54	22:51
478	Marie McChord	Kirkintilloch Olympians	FV60	22:55	22:53
479	Erica Christie	Cambuslang H	FV60	22:57	22:56
480	Charlotte Moran	Linlithgow AC	FSen	22:57	22:53
481	Angela Malcolm	Fife AC	FV50	23:01	22:57
482	John Melling	Glasgow Frontrunners	MSen	23:03	22:57
483	Jamie Slater	Glasgow Frontrunners	MSen	23:04	22:57
484	Ross McLean	Motherwell AC	MSen	23:06	22:56
485	Nicola Freedman	Harmeny AC	FV50	23:09	23:05
486	David Main-Reade	Linlithgow AC	MV50	23:11	22:59
487	Ross Bennet	PH Racing C	MV50	23:11	23:01
488	Karyn Stewart	Pitreavie AAC	FSen	23:13	23:09
489	Paul Allan	Pitreavie AAC	MV50	23:16	23:07
490	Lucy Cameron	Ayr Seaforth AC	FSen	23:18	23:14
491	Lucy Smyth	Pitreavie AAC	FSen	23:21	23:17
492	Kirsty Nicholson	Lothian RC	FV40	23:23	23:17
493	Alan Bothwell	Perth RR	MV60	23:25	23:16
494	Sharyn Ramage	Edinburgh AC	FV50	23:28	23:24
495	Gail Murdoch	Carnegie H	FV50	23:44	23:39
496	Sarah Wellcoat	Carnegie H	FSen	23:52	23:48
497	Frances Wood	Linlithgow AC	FV60	23:57	23:51
498	Clare Graham	PH Racing C	FV50	23:59	23:55
499	Rebecca Avraam-Meres	Edinburgh AC	FSen	24:04	23:59
500	Rosemary Gallagher	Linlithgow AC	FV50	24:12	24:08
501	Derek Duncan	Pitreavie AAC	MV60	24:16	24:06
502	Jim Alexander	Lothian RC	MV60	24:31	24:21
503	Paul Sutherland	Fife AC	MV70	24:37	24:27
504	Karen Forsyth	Carnegie H	FSen	25:08	25:03
505	Morna Fleming	Pitreavie AAC	FV60	25:17	25:13
506	Anna Whall	Bellahouston RR	FSen	25:46	25:41
507	Sheila MacAllister	Edinburgh AC	FV60	26:01	25:55
508	Kirsty Gray	Lothian RC	FV40	26:03	25:57
509	Claire Cunningham	SAL	FV40	26:04	25:59
510	Allan Gordon	Hunters Bog Trotters	MV70	26:09	26:04
511	Jaclyn Molloy	Motherwell AC	FV40	26:18	26:14
512	Jana Reuter	Pitreavie AAC	FSen	26:32	26:26
513	Nicola Moriarty	Pitreavie AAC	FV40	26:33	26:28
514	Alex Wood	Linlithgow AC	MV70	26:46	26:34
515	Rachel Goater	Pitreavie AAC	FSen	27:27	27:22
516	Keith Traill	Fife AC	MV60	29:21	29:11
517	Phil Smithard	Carnegie H	MV70	29:47	29:36

518	Sandie Knudsen	Pitreavie AAC	FV50	30:01	29:55
519	Patricia Allen	Motherwell AC	FV70	31:21	31:17
520	Graeme Stirling	Carnegie H	MV60	32:21	32:10

Sri Chinmoy 5K 2022

Team Results by GUNTIME: SAL Champs

Date: 06/05/2022

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
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Female

1	Edinburgh University H&H : 10							
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1	73	Kirsty Purcell	SA	U20	00:18:03	23	2	238
2	74	Caitlin Purcell	SA	U20	00:18:41	31	3	271
3	71	Patricia O'Riordan	SA	U20	00:18:57	40	5	296

Sri Chinmoy 5K 2022

Team Results by GUNTIME: SAL Champs Sen Teams - no U15&U17

Date: 06/05/2022

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
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Female

1

Edinburgh University H&H : 24

1	66	Sarah Calvert	SA	SEN	00:16:44	2	2	137
2	69	Katie Lowery	SA	SEN	00:17:15	8	8	170
3	68	Rhiannon Kirk	SA	SEN	00:17:53	14	12	205

2

Lasswade AC : 48

1	123	Sarah Tait	SA	SEN	00:17:12	6	6	167
2	121	Amy Frankland	SA	SEN	00:17:14	7	7	169
3	122	Amy Smith	SA	SEN	00:18:55	35	28	272

3

Corstorphine AAC : 54

1	37	Beth Garland	SA	SEN	00:17:07	5	5	165
2	39	Kirstin Maxwell	SA	SEN	00:18:06	21	18	224
3	38	Kirstian Macaulay	SA	SEN	00:18:43	28	23	254

4

Falkirk Victoria H : 79

1	80	Alissa Koenig	SA	SEN	00:16:56	4	4	151
2	84	Estelle Perriard	SA	SEN	00:17:34	11	11	183
3	78	Megan Jane Campbell	SA	SEN	00:20:43	64	47	365

5

Edinburgh AC : 81

1	47	Sarah Brown	SA	SEN	00:17:30	9	9	181
2	56	Hazel MacCormick	SA	V40	00:18:52	33	3	266
3	57	Jacqueline Rainger	SA	V40	00:19:15	39	4	295

6

Central AC : 83

1	32	Jennifer Wetton	SA	SEN	00:17:31	10	10	182
2	31	Natalie Stewart	SA	SEN	00:18:03	19	17	221
3	30	Heather Scott	SA	SEN	00:20:04	54	42	336

7

Glasgow University H&H : 85

1	109	Stefanie Tucker	SA	SEN	00:18:26	23	19	241
2	105	Matilda Cornall	SA	SEN	00:18:46	30	25	259
3	108	Clare Stewart	SA	SEN	00:18:51	32	26	265

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
8 Bellahouston RR : 85								
1	7	Catriona MacDonald	SA	SEN	00:18:01	17	15	215
2	8	Rebekah Russell	SA	SEN	00:18:30	24	20	245
3	175	Christie FORD	SA	SEN	00:19:33	44	35	310
9 Fife AC : 95								
1	93	Annabel Simpson	SA	SEN	00:16:29	1	1	123
2	88	Laura Gibson	SA	SEN	00:19:04	38	30	291
3	87	Kerry Gibson	SA	SEN	00:20:12	56	43	344
10 Garscube H : 115								
1	96	Lesley Bell	SA	V40	00:17:41	12	1	190
2	97	Gillian Blee	SA	V40	00:19:41	46	5	322
3	99	Alison Wood	SA	SEN	00:20:17	57	44	348
11 Shettleston H : 122								
1	163	Avril Mason	SA	V40	00:18:23	22	2	238
2	164	Holly Morrison	SA	SEN	00:19:16	40	31	298
3	162	Kirsty Mann	SA	SEN	00:20:27	60	45	358
12 Lothian RC : 199								
1	134	Yvonne Crilly	SA	V60	00:20:25	59	2	355
2	133	Andrea Cameron	SA	V40	00:20:45	66	9	368
3	132	Julie Atkinson	SA	V40	00:21:26	74	11	386
13 Carnegie H : 204								
1	23	Nicole Jackson	SA	SEN	00:19:48	49	39	327
2	21	Joy Gudgin	SA	V50	00:21:35	75	3	389
3	19	Isobel Burnett	SA	V60	00:21:52	80	3	398
14 Cambuslang H : 211								
1	11	Nathalie Brohan	SA	V40	00:20:09	55	6	342
2	16	Kirsty O'Brien	SA	SEN	00:20:54	68	49	370
3	17	Rachel Wardrope	SA	U20	00:22:54	88	8	415
15 Linlithgow AC : 228								
1	128	Kathryn HOLM	SA	V40	00:20:37	63	8	363
2	130	Christine Mulholland	SA	V50	00:21:45	79	4	396
3	126	Mandy Cazes	SA	SEN	00:22:46	86	57	413
16 PH Racing C : 249								

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
1	149	Judith Turner	SA	V40	00:21:21	73	10	384
2	146	Louise Lessels	SA	V40	00:21:38	76	12	390
3	145	Clare Graham	SA	V50	00:23:59	100	11	432

17	Pitreavie AAC : 325							
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1	151	Morna Fleming	SA	V60	00:25:17	104	7	439
2	154	Nicola Moriarty	SA	V40	00:26:33	110	19	446
3	153	Sandie Knudsen	SA	V50	00:30:01	111	13	450

Sri Chinmoy 5K 2022

Team Results by GUNTIME: SAL Champs

Date: 06/05/2022

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
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Male

1	Fife AC : 16							
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1	409	Ben Sandilands	SA	U20	00:15:17	37	4	37
2	412	Andrew Thomson	SA	U20	00:15:28	47	5	47
3	407	Michael Sanderson	SA	U20	00:15:34	53	7	53

2	Falkirk Victoria H : 32							
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1	636	Niall Caley	EA	U20	00:14:45	14	1	14
2	380	Calum Little	SA	U20	00:15:45	68	9	68
3	386	Ben Sutherland	SA	U20	00:16:43	142	22	143

3	Glasgow University H&H : 48							
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1	470	Cameron Fordyce	SA	U20	00:15:47	69	10	69
2	475	Marc Jameson	SA	U20	00:16:26	124	18	124
3	464	Ewan Anderson	SA	U20	00:16:31	130	20	131

4	Edinburgh University H&H : 52							
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1	378	Blayne Wright	SA	U20	00:15:51	72	12	72
2	375	Jack Trainer	SA	U20	00:16:02	88	15	88
3	364	Freddie Fearn	SA	U20	00:17:03	165	25	169

Sri Chinmoy 5K 2022

Team Results by GUNTIME: SAL Champs Sen Teams - no U15&U17

Date: 06/05/2022

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
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Male

1

Central AC : 24

1	254	Alastair Hay	SA	SEN	00:14:29	3	3	3
2	255	Hamish Hickey	SA	SEN	00:14:30	5	5	5
3	253	Cameron Harris	SA	SEN	00:14:54	16	15	16

2

Inverclyde AC : 38

1	496	Jonathan Glen	SA	SEN	00:14:27	1	1	1
2	491	Peter Bradshaw	SA	U20	00:14:57	17	2	17
3	493	Mark Doherty	SA	SEN	00:15:02	20	18	20

3

Fife AC : 52

1	402	Owen Miller	SA	SEN	00:14:39	11	11	11
2	406	Lewis Rodgers	SA	SEN	00:14:53	15	14	15
3	405	Derek Rae	SA	SEN	00:15:08	26	23	26

4

Shettleston H : 61

1	626	Peter Avent	SA	SEN	00:14:33	7	7	7
2	633	Lachlan Oates	SA	SEN	00:14:43	13	13	13
3	632	Christopher McGarrity	SA	SEN	00:15:24	41	35	41

5

Falkirk Victoria H : 84

1	385	Scott Stirling	SA	SEN	00:14:32	6	6	6
2	636	Niall Caley	EA	U20	00:14:45	14	1	14
3	380	Calum Little	SA	U20	00:15:45	64	9	64

6

Cambuslang H : 88

1	209	Michael Christoforou	SA	SEN	00:14:36	9	9	9
2	214	Kevan Harvey	SA	SEN	00:15:04	23	21	23
3	227	GORDON Robertson	SA	V40	00:15:40	56	4	56

7

Glasgow University H&H : 95

1	463	Stephen Addison	SA	SEN	00:15:03	21	19	21
2	466	Jamie Burns	SA	SEN	00:15:08	27	24	27
3	467	Andrew Carey	SA	SEN	00:15:31	47	40	47

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
8 Edinburgh AC : 105								
1	323	Ewan Cameron	EA	V40	00:15:10	31	2	31
2	332	Noah Howlett	SA	SEN	00:15:19	36	30	36
3	358	Iain Whitaker	SA	SEN	00:15:21	38	32	38
9 East Kilbride AC : 113								
1	316	Daryl Reid	SA	SEN	00:14:38	10	10	10
2	303	Grant Baillie	SA	V40	00:15:06	25	1	25
3	307	Jamie Clements	SA	SEN	00:15:58	78	60	78
10 Edinburgh University H&H : 117								
1	374	Callum Tharme	SA	SEN	00:14:35	8	8	8
2	367	Gregor Malcolm	SA	SEN	00:15:29	46	39	46
3	363	Matthew Dailey	SA	SEN	00:15:44	63	51	63
11 Inverness H AAC : 169								
1	497	Lucas Cairns	SA	U20	00:15:33	49	6	49
2	501	Angus Smith	SA	U20	00:15:42	58	8	58
3	500	Andrew Johnstone	SA	SEN	00:15:43	62	50	62
12 Garscube H : 177								
1	439	Finlay Ross-Davie	SA	U20	00:15:14	34	3	34
2	443	Colin Whitby	SA	V40	00:15:39	53	3	53
3	425	Alan Blair	SA	SEN	00:16:07	90	68	90
13 Kilbarchan AAC : 198								
1	503	Robbie Ferguson	SA	SEN	00:14:58	18	16	18
2	670	Callum MATTHEWS	SA	SEN	00:16:05	88	66	88
3	505	Scott Macaulay	SA	SEN	00:16:07	92	70	92
14 Corstorphine AAC : 203								
1	275	Aaron Hoyle	SA	SEN	00:15:39	54	44	54
2	269	Jack Eykelbosch	SA	SEN	00:15:51	69	52	69
3	277	Stuart Livingstone	SA	SEN	00:15:59	80	61	80
15 Moray RR : 231								
1	562	Ewan Davidson	SA	SEN	00:15:09	28	25	28
2	564	James Wilson	SA	SEN	00:15:11	32	28	32
3	563	Andrew Rogan	SA	SEN	00:17:28	171	113	179
16 Lothian RC : 234								

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
1	545	Sam McIntosh	SA	SEN	00:15:42	60	48	60
2	539	Joshua Dack	SA	SEN	00:15:57	77	59	77
3	549	Euan Rennie	SA	SEN	00:16:12	97	74	97
17 Bellahouston H : 266								
1	197	Greg Templeton	SA	SEN	00:15:23	40	34	40
2	193	Jack HEATHWOOD	SA	SEN	00:15:41	57	46	57
3	190	Paul Clawson	SA	V40	00:17:26	169	28	177
18 Giffnock North AC : 273								
1	451	Ross Good	SA	SEN	00:15:09	29	26	29
2	449	Conor Drummond	SA	SEN	00:16:25	117	86	117
3	457	Kieren Mooney	SA	SEN	00:16:36	127	90	128
19 Dundee Hawkhill H : 291								
1	300	James Donald	SA	SEN	00:14:30	4	4	4
2	299	Ryan Donald	SA	U20	00:16:49	138	23	140
3	301	Lee Strachan	SA	V40	00:16:58	149	22	153
20 PH Racing C : 326								
1	588	Michael Combe	SA	V40	00:16:08	94	7	94
2	594	Paul Kieran	SA	V40	00:16:21	113	14	113
3	586	Aaron Bennet	SA	U20	00:16:27	119	19	119
21 Kirkintilloch Olympians : 367								
1	512	David Murray	SA	SEN	00:16:08	93	71	93
2	511	Andrew Kirk	SA	SEN	00:16:20	112	82	112
3	515	Kenny Robertson	SA	SEN	00:17:14	162	111	168
22 Aberdeen AAC : 382								
1	186	Aaron Odentz	SA	SEN	00:15:24	43	37	43
2	185	Steven Murray	SA	SEN	00:16:19	108	79	108
3	184	Frank BOYNE	SA	V50	00:18:48	231	14	261
23 Gala H : 444								
1	417	Darrell Hastie	SA	SEN	00:15:03	22	20	22
2	422	Michael TURNBULL	SA	SEN	00:17:40	176	115	187
3	418	Ian Maxwell	SA	V60	00:19:01	246	3	282
24 Hunters Bog Trotters : 491								
1	485	Alex Luetchford	SA	SEN	00:16:28	121	88	121
2	490	Florent Weillaert	SA	SEN	00:17:42	179	116	192
3	488	Gavin SMITH	SA	V40	00:17:53	191	36	204

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
25 Perth RR : 545								
1	583	james Waldie	SA	SEN	00:15:55	76	58	76
2	581	Kevin Riddell	SA	V40	00:17:05	157	24	161
3	584	Richard Ward	SA	V50	00:21:25	312	38	385
26 Cumbernauld AAC : 559								
1	287	Stephen Allen	SA	V50	00:17:17	165	3	173
2	294	Paul McMonagle	SA	V50	00:17:57	196	9	210
3	291	Robert Keenan	SA	V40	00:18:00	198	37	214
27 Portobello RC : 605								
1	623	David MCNAMARA	SA	SEN	00:15:51	70	53	70
2	624	David Worrall	SA	V40	00:19:34	267	56	311
3	622	William Jarvie	SA	V60	00:19:35	268	6	312
28 Bellahouston RR : 636								
1	200	Alan Moss	SA	SEN	00:16:38	130	93	131
2	199	Alistair Macdonald	SA	V50	00:19:03	251	21	288
3	202	Charlie Whall	SA	SEN	00:19:10	255	150	293
29 Pitreavie AAC : 659								
1	617	David Henderson	SA	V40	00:17:52	190	35	203
2	616	Ben Fraser	SA	SEN	00:18:46	230	142	260
3	618	Iain Howatt	SA	V50	00:18:57	239	19	274
30 Motherwell AC : 677								
1	569	Jonathan Moore	SA	SEN	00:16:52	142	98	145
2	565	Iain Campbell	SA	V40	00:18:59	244	49	280
3	567	Scott KELMAN	SA	SEN	00:20:16	291	158	347
31 Victoria Park City Of Glasgow : 679								
1	645	Graeme Laing	SA	V40	00:16:51	140	20	143
2	644	Craig Johnstone	SA	SEN	00:19:23	261	152	302
3	642	Sandy Gardner	SA	V50	00:19:46	278	27	325
32 Law & District AAC : 703								
1	527	Allan NEILL	SA	SEN	00:17:55	193	125	207
2	522	Ross Hill	SA	SEN	00:18:42	226	140	253
3	525	Finn Milligan	SA	U20	00:20:04	284	29	338
33 Linlithgow AC : 728								

Pos	No	Name	SAL No	Category	Time	Gen Pos	Cat Pos	O/A Pos
1	533	John Redding	SA	V40	00:15:59	81	6	81
2	531	Graham Chambers	SA	V40	00:21:50	318	73	397
3	532	David Main-Reade	SA	V50	00:23:11	329	40	422

34	Carnegie H : 781							
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1	241	Steven King	SA	V50	00:18:34	223	12	247
2	244	Alan Murray	SA	V40	00:19:41	276	60	321
3	239	Ben Hopkin	SA	V40	00:20:02	282	61	334